What I Claim Is:

1. A method of synchronizing audio and video recordings comprising:

inserting real time data elements into audio and video recordings during recording

procedures;

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analyzing said real time data elements of said audio and video recordings during

reproduction;

comparing said real time data elements of said audio and video recordings; and,

synchronously reproducing said audio and video recordings as a function of said

real time data elements; wherein said real time data elements comprise real time components

comprising information pertaining to location and time of a recording.

- 2. The method as recited in Claim 1 wherein said information pertaining to time of a recording comprises year, month, date, hour, minute, second, and millisecond units.
- The method as recited in Claim 1 wherein said information pertaining to location of a recording comprises a country code.
 - 4. The method as recited in Claim 1 wherein said real time data elements comprise an extension portion modifiable by an operator.
 - 5. The method as recited in Claim 1 wherein the synchronization of said audio and video recordings is independent with respect to location of said recording.

6.	The method as recited in Claim 1 wherein the synchronization of said audio and video
record	lings is independent with respect to recording device.

- 7. The method as recited in Claim 1 wherein the synchronization of said audio and video recordings is independent with respect to recording medium.
 - 8. The method as recited in Claim 6 wherein said recording device comprises a magnetic tape.
 - 9. The method as recited in Claim 6 wherein said recording device comprises a magnetic disk.

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- 10. The method as recited in Claim 6 wherein said recording device comprises an optical disk.
 - 11. The method as recited in Claim 6 wherein said recording device comprises a film tape.
- 12. The method as recited in Claim 6 wherein said recording device comprises a memory chip.